

Job Search Work sheet Who am I?

Name: _____

Date: _____

Per. _____

California Occupational Guide Job Hunt Survival Kit (#600) says that the first thing to think about in your job hunt is to ask yourself the question: WHO AM I? First and foremost, you need to analyze who you are and what you want to do. There are many resource books available to help you if you go to your school or local library. There also are many self-assessment tools you can take. Talk with your school's career counselor or your teacher to get more information.

You can begin to learn more about yourself by answering the following questions. Completing these sentences won't tell you what you should or should not be. However, this activity will help you become more aware of what you like and don't like. More importantly, you will be taking another step on your career exploration journey.

In trying to determine the best job or career for you, there are several areas to consider. To respond to this broad question of "WHO AM I?", fill in the blanks to these questions:

Things that I really like to do are _____

Things that I am really good at are _____

Other people describe me as _____

I am skilled at _____

I am interested in _____

I enjoy such activities as _____

My job experiences, paid or volunteer, are _____

My interests and past jobs are similar in that they _____
